

## Product Health Assessment

Improving health begins with making informed choices everyday. Please visit Environmental Worker's Group at [www.ewg.org](http://www.ewg.org) and review your everyday consumables that are potentially affecting your health. Products with a rating of two or under are the safest. Any products with a rating of three or above will need to be switched to a healthy alternative.

We are happy to help you find healthy alternatives. We have provided our Product Assessment Chart to help you identify potential toxic products.

### Product Assessment Chart

Product Type:	Current Brand	Rating	Healthy Alternative
Body Lotion:			
Shampoo:			
Conditioner:			
Laundry Soap:			
Fabric Softener:			
Floor Cleaner:			
Kitchen Cleaner:			
Hand Soap:			
Hand Sanitizer:			
Deodorant:			
Tooth Paste:			
Mouthwash:			
Gum:			
Breath Mints:			
Sunscreen:			
Bug Repellant:			
Facial Cleanser:			
Facial Moisturizer:			
Foundation:			
Cosmetics:			
Lip Stick:			
Feminine Hygiene:			
Diapers:			
Other:			
Other:			
Other:			